

49 Poetic Meditations for Counting the Omer or Turning toward a New Year

DAY 13

***Yesod b'Gevurah* / Connection and Foundation within Strength and Discipline**

Yesod is a connecting force,
creating new life,
exciting, forceful, untested.

Gevurah creates boundaries
for healthy relationship,
lends shape to ideas,
provides safety for otherwise
unbridled energy.

Sparks of new life within you
are borne of an inkling, a thought,
a tiny flame in your heart,
a flicker of recognition.

What do you wish to create?
What relationship do you wish to forge,
or deepen, or clarify?

Feel your desire build.
Let your idea take shape.

Notice what is involved
in taking the first step
through this, the 13th gate.

Copyright Shifrah Tobacman, 2012