

49 Poetic Meditations for Counting the Omer or Turning toward a New Year

DAY 19

Hod b'Tiferet / Humility and Splendor within Balance and Beauty

Hod can be dazzling in its stillness
like the sun rising brilliant on clear water,
reflecting and bouncing in a v-shaped streak,
mesmerizing yet impossible
to look at for long.

Tiferet is a blue sky laced with white clouds
when the sun is just high enough
to have warmed the earth
but not yet overhead
and there are plenty of shady spots
for those who want them
and places to sit exposed
for those wishing to bake off the morning chill.

Hod sitting within *Tiferet*
is like the passion of new love
nestled in the comfort
of a longstanding relationship.
Each can occur and re-occur,
re-ignite, sustain us.

What lights your fire?
What sustains you?

Hold these in your heart
as you travel through the 19th Gate.