

49 Poetic Meditations for Counting the Omer or Turning toward a New Year

DAY 25

***Netzach b'Netzach* / Endurance within Endurance**

In the middle of our counting
comes this day focused
on endurance within endurance.

What are you enduring today?
What endures on your behalf?

What type of emotional landscape
are you traveling through?
How is it Godly?
What challenges does it pose?

Maybe your journey is one of long flat
Plains, expanding as far as the eye can see,
with each day's trek so much like the last,
that when you look back,
you aren't certain you've moved at all.

Maybe yours is a narrow trail
winding around the steep mountain
with so many new vistas
it makes your head spin,
the thin air leaving you breathless.

Perhaps yours is a long series
of hills and valleys
with gentle climbs and declines.

Whatever the landscape may be,
what deep joy or learning
can you find along the way?

Look out at the horizon
and drink in what it shows you
then down at the ground beneath you,
shift your weight, sensing the shift,
take a deep breath in and a slow breath out.

Behold the journey ahead of you
here at the 25th Gate.