

**49 Poetic Meditations for Counting the Omer or Turning toward a New Year**

**DAY 28**

***Malkhut b'Netzach / Divine Presence within Endurance***

We are turning and returning  
at any given moment, *teshuvah*.

Each time we look in a loved one's eyes,  
each time we say "I'm sorry" truthfully,  
each time we forgive another honestly,  
each time we are kind and forgiving with ourselves,  
each time we lay our head down at night and say  
"I am so grateful for all you and You  
have given me today"

with each encounter we are returning.

Walking with meaning takes endurance  
and the helping hands of others.

Whose hand would you like to hold?  
Who would you like present with you,  
in body or spirit,  
as you make your way mindfully,  
through the 28th gate?

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