

49 Poetic Meditations for Counting the Omer or Turning toward a New Year

DAY 44

*Gevurah b'Malkhut* / Discipline within Divine Presence

*Gevurah* is the fortitude it takes  
to march into physical battle  
with an enemy who might kill you.  
It is also the strength of a horse  
determined to pull a heavy plough  
across a rutty field.

It is the strength  
of a disciplined martial artist  
knowing just when, and how,  
to approach and retreat,  
to move energy, big or small,  
into the larger stream,  
or round itself until it falls.

And then there is the focused will  
to stand against tyranny  
without becoming a tyrant,  
to advocate for those in need  
without mistaking others' needs for our own,  
to believe so deeply in justice  
that we fight for it justly  
without revenge as our motive,  
to live our lives each day  
knowing how to stand tall in gravity,  
to hold one another firmly, lovingly,  
from within a deep groove of integrity.

When our disciplined *Gevurah*  
is channeled into Life-Affirming Presence  
we can tell, we are tilling the soil  
for consciousness and new beginnings.

This is our prayer at the 44th gate.