

49 Poetic Meditations for Counting the Omer or Turning toward a New Year

DAY 5

***Hod b'Chesed* / Splendor and Humility within Loving Kindness**

A small polished geode
with blue striations like deep water
rests in your hand. It is soothing,
like the pools of a lover's eyes.

There is an opening on its front,
a simple gray depression,
but look more closely:
see how it sparkles inside,
an entire dazzling universe
awaiting your unfolding presence,
Your Unfolding Presence.

You notice the oneness
of the gray iridescence,
the edge where the rough inner light
meets the deep color
of the external polished stone.

Imagine kindness surrounds you,
envelopes you.

Whose face does it wear?
With what colors does it appear?

What spark in you is teased out
by the presence of this great kindness?

What light in you is so powerful
it can't be extinguished,
even when kindness withdraws?

Be honest and loving with yourself
here at the 5th gate.