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49 Poetic Meditations for Counting the Omer or Turning toward a New Year

DAY 8

Chesed b'Gevurah / Loving Kindness within Strength and Discipline

Be kind to the structure
that houses you.

Install a double paned window
for better insulation and UV protection.
You may have to repaint the trim.
Enjoy the light pouring through.

Warm your home
with family and friends,
whatever the season.

Kindness to your self
can be kindness to Her,
to All.

Cross through the 8th gate
just outside your door.

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